

Teach swim lessons



KNOW HOW TO SWIM?

LIKE KIDS?

BECOME A SWIM INSTRUCTOR!!!

Open to anyone 16 yrs. or older by Summer 2019!

Water Safety Instructor or Basic Swim Instructor Class:

Orientation/Swim Test: (attend one)

Option 1: Monday, April 8 6:30-7:30pm

Option 2: Sunday, April 14 4:15-5:15pm

Option 3: Thursday, May 9 6:15-7:15pm

Class 1: Sunday, May 19 10:00am-5:30pm

Class 2: Friday, May 31 6pm-8:30pm - off site location

Class 3: Sunday, June 2 10:00am-5:30pm

Class 4: Sunday, June 9 10:00am-5:30pm

Location: Yakima Athletic Club, 2501 Racquet Lane Yakima (509) 453-6521

Cost: \$38 Red Cross registration fee, books/materials (online), \$125 class fee

At orientation must be able to swim the following strokes:

Water Safety Instructor prerequisites:

Front crawl (freestyle)—25 yards

Breaststroke—25 yards

Elementary backstroke—25 yards

Sidestroke—25 yards

Back crawl (backstroke)—25 yards

Butterfly—15 yards

1 minute tread water

1 minute back float

Basic Swim Instructor prerequisites:

Front crawl (freestyle)—25 yds

Breaststroke—25 yards

Elementary backstroke—25 yds

Sidestroke—25 yards

1 min. tread water or back float