

SATURDAY

WATER CIRCUIT CLASS SUMMER 2022 FITNESS SCHEDULE

June 4 9:30 AM - 10:15 AM

June 11 9:30 AM - 10:15 AM

June 18 9:30 AM - 10:15 AM

July 9 9:30 AM - 10:15 AM

July 23 9:30 AM - 10:15 AM

July 30 9:30 AM - 10:15 AM

Aug. 6 9:30 AM - 10:15 AM

Aug. 13 9:30 AM - 10:15 AM

Aug. 27 9:30 AM - 10:15 AM

**SATURDAY CIRCUIT CLASS
WILL INCLUDE:**

**CARDIO-TONING AND STRETCHING
IN THE SUNSHINE!**



Plan to attend this aqua circuit class summer 2022!